Kilbaha Biology



VCE Unit 1



Kilbaha Multimedia Publishing

PO Box 2227 Kew Vic 3101

Australia

Tel: (03) 9018 5376

Fax: (03) 9817 4334 kilbaha@gmail.com http://kilbaha.com.au



ABN 47 065 111 373

Copyright © Kilbaha Pty Ltd 2016 First Published 2016

National Library of Australia Cataloguing-in-Publication entry

Creator: Alexander, Ian, author.

Title: Kilbaha biology: VCE units 1 and 2 / Ian Alexander; William Paul Healy (editor).

ISBN: 9781876324315 (ebook: pdf)

Notes: Includes index.

Target Audience: For secondary school age.

Subjects: Biology--Textbooks.

Victorian Certificate of Education examination--Study guides.

Other Creators/Contributors: Healy, William Paul, editor.

Dewey Number: 570

Cover Image: The life of a bee is very different from the life of a flower, but the two organisms are related. Both are members the domain Eukarya and have cells containing many similar organelles, genes, and proteins. (credit: modification of work by John Beetham)

Reproduction and communication for educational purposes

The Australian Copyright Act 1968 (the Act) allows a maximum of one chapter or 10% of the pages of this work, whichever is the greater, to be reproduced and/or communicated by any educational institution for its educational purposes provided that the educational institution (or the body that administers it) has given remuneration notice(s) to Copyright Agency Limited (CAL) under the Act. For details of the CAL licence for educational institutions contact Copyright Agency Limited (www.copyright.com.au)

Reproduction and communication for other purposes

Except as permitted under the Act (for example a fair dealing for the purposes of study, research, criticism or review), no part of this ebook may be reproduced, stored in a retrieval system, communicated or transmitted in any form or by any means without prior written permission. All inquiries should be made to the publisher at the address above.

The content of this book has been adapted from OpenStax College Biology and aligned to VCE Biology Study Design: Units 1 and 2: 2016 - 2021

The original text may be downloaded for free use from https://openstaxcollege.org/textbooks/biology/get

Kilbaha Multimedia Publishing acknowledges the generous help of OpenStax College in the development of this ebook.

Licence for Kilbaha VCE Biology Unit 1

Please complete the details on this page and keep for your records.

1.	Year of Licence:	1 January 2016 – 31 December 2016
2.	School Name:	
3.	School Address:	
4.	Number of Students:	
•	•	hout restriction in both electronic and hardcopy versions address for the specified number of students.
•	All updates, additions, correthe licence period will be su	ections and deletions required by the authors during upplied free to the school.
•	•	ies made of this file must be recorded in any surveys of ed (CAL) http://copyright.com.au

CONTENTS – Kilbaha VCE Biology Unit 1

How do living things stay alive?

Chapter	Title
1	The Study of Life
2	Cell Structure
3	Structure and Function of Plasma Membranes
4	Metabolism
5	Structure and Function of Vascular Plants
6	The Mammalian Digestive System
7	The Mammalian Respiratory System
8	The Mammalian Circulatory System
9	Mammalian Osmotic Regulation and Excretion
10	Survival through Adaptations and Regulation
11	Organising Biodiversity
12	Conservation Biology and Biodiversity
13	Ecology – The Relationships between Organisms & Ecosystems
14	Population and Community Ecology

Authors' Note to Biology, Chemistry, Physics Teachers - Unit 1

- Ian Alexander, Alan Reynolds and Bill Healy as the authors and editors of this series have been motivated to complete this project by the new Study Guides for the VCE sciences for the period 2016 - 2021.
- Teachers will find that the content of these books goes well beyond the content of standard Year 11 Textbooks. We believe this will suit the new emphasis on research and investigation in the new Study Guides. We also expect these books to have wide application to other Australian Biology, Chemistry and Physics courses.
- We are keen to provide all schools with quality material at a bargain basement price.
- We have been able to do this because of the relationship between Kilbaha
 Multimedia Publishing in Australia and OpenStax in the United States. We are
 grateful to OpenStax for their support. It has taken considerable work to make these
 texts Australian in word and context and to meet the expectations of the new VCE
 courses commencing in 2016.
- Try to think of these electronic books in a different way. They are like Apps on your smartphone. These are just versions 1.1 and we envisage that additional material (free to all subscribers) will be added after feedback from teachers.
- These textbooks are electronic only. Kilbaha does not offer printed copies.
- Schools can buy a one year unlimited school site licence for \$25 per VCE Unit. We have Unit 1 available now for Biology, Chemistry and Physics. Unit 2 will be available shortly. Textbooks for Units 3 and 4 for Biology, Chemistry and Physics are also being planned for 2017. The Unit 3 and 4 Textbooks will be tightly focussed on the Year 12 Syllabi whereas the Year 11 Textbooks are wide-ranging in content.
- Ian Alexander, Alan Reynolds and Bill Healy hope that you find these electronic books a valuable addition to your teaching materials for Year 11 and Year 12 or wherever else you choose to use them within your school.
- Please support us in this project by respecting the licence conditions. They are extremely generous and flexible.
- We will, of course, be delighted if you tell your colleagues about these books.

CHAPTER 1 THE STUDY OF LIFE



Figure 1.1 This NASA image is a composite of several satellite-based views of Earth. To make the whole-Earth image, NASA scientists combine observations of different parts of the planet. (credit: NASA/GSFC/NOAA/USGS)

Chapter Outline

1.1: The Science of Biology

1.2: Themes and Concepts of Biology

Introduction

Viewed from space, Earth offers no clues about the diversity of life forms that reside there. The first forms of life on Earth are thought to have been microorganisms that existed for billions of years in the ocean before plants and animals appeared. The mammals, birds, and flowers so familiar to us are all relatively recent, originating 130 to 200 million years ago. Humans have inhabited this planet for only the last 2.5 million years, and only in the last 200,000 years have humans started looking like we do today.

CHAPTER 2 CELL STRUCTURE

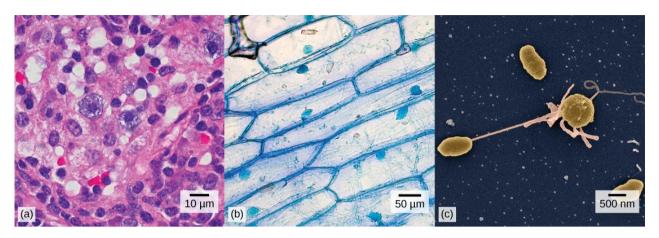


Figure 2.1 (a) Nasal sinus cells (viewed with a light microscope), (b) onion cells (viewed with a light microscope), and (c) *Vibrio tasmaniensis* bacterial cells (seen through a scanning electron microscope) are from very different organisms, yet all share certain characteristics of basic cell structure. (credit a: modification of work by Ed Uthman, MD; credit b: modification of work by Umberto Salvagnin; credit c: modification of work by Anthony D'Onofrio, William H. Fowle, Eric J. Stewart, and Kim Lewis of the Lewis Lab at Northeastern University; scale-bar data from Matt Russell)

Chapter Outline

2.1: Studying Cells

2.2: Prokaryotic Cells

2.3: Eukaryotic Cells

2.4: The Endomembrane System and Proteins

2.5: The Cytoskeleton

2.6: Connections between Cells and Cellular Activities

CHAPTER 3 STRUCTURE AND FUNCTION OF PLASMA MEMBRANES



Figure 3.1 Despite its seeming hustle and bustle, Grand Central Station functions with a high level of organisation: People and objects move from one location to another, they cross or are contained within certain boundaries, and they provide a constant flow as part of larger activity. Analogously, a plasma membrane's functions involve movement within the cell and across boundaries in the process of intracellular and intercellular activities. (credit: modification of work by Randy Le'Moine)

Chapter Outline

3.1: Components and Structure

3.2: Passive Transport

3.3: Active Transport

Introduction

The **plasma membrane**, which is also called the cell membrane, has many functions, but the most basic one is to define the borders of the cell and keep the cell functional. The plasma membrane is **selectively permeable**. This means that the membrane allows some materials to freely enter or leave the cell, while other materials cannot move freely, but require the use of a specialised structure, and occasionally, even energy investment for crossing.

CHAPTER 4 METABOLISM



Figure 4.1 A hummingbird needs energy to maintain prolonged periods of flight. The bird obtains its energy from taking in food and transforming the nutrients into energy through a series of biochemical reactions. The flight muscles in birds are extremely efficient in energy production. (credit: modification of work by Cory Zanker)

Chapter Outline

4.1: Energy and Metabolism

4.2: Overview of Photosynthesis

4.3: Main Structures and summary of photosynthesis

4.4: Overview of cell respiration

4.5: ATP in living systems

4.6: Main Structures and summary of cell respiration

4.7: ATP yield and anaerobic V aerobic respiration

CHAPTER 5 STRUCTURE AND FUNCTION OF VASCULAR PLANTS



Figure 5.1 A locust leaf consists of leaflets arrayed along a central midrib. Each leaflet is a complex photosynthetic machine, exquisitely adapted to capture sunlight and carbon dioxide. An intricate vascular system supplies the leaf with water and minerals, and exports the products of photosynthesis. (credit: modification of work by Todd Petit)

Chapter Outline

5.1: The chemical composition of plants

5.2: The Plant Body

5.3: Stems

5.4: Roots

5.5: Leaves

5.6: Transport of Water and Solutes in Plants

CHAPTER 6 ANIMAL NUTRITION - THE MAMMALIAN DIGESTIVE SYSTEM



Figure 6.1 For humans, fruits and vegetables are important in maintaining a balanced diet. (credit: modification of work by Julie Rybarczyk)

Chapter Outline

6.1: Digestive Systems

6.2: Nutrition and Energy Production

6.3: Digestive System Processes

CHAPTER 7

THE MAMMALIAN RESPIRATORY SYSTEM



Figure 7.1 Lungs, which appear as nearly transparent tissue surrounding the heart in this X-ray of a dog (left), are the central organs of the respiratory system. The left lung is smaller than the right lung to accommodate space for the heart. A dog's nose (right) has a slit on the side of each nostril. When tracking a scent, the slits open, blocking the front of the nostrils. This allows the dog to exhale though the now-open area on the side of the nostrils without losing the scent that is being followed. (credit a: modification of work by Geoff Stearns; credit b: modification of work by Cory Zanker)

Chapter Outline

7.1: Systems of Gas Exchange

7.2: Gas Exchange across Respiratory Surfaces

7.3: Breathing

7.4: Transport of Gases in Human Bodily Fluids

Introduction

Breathing is an involuntary action. How often a breath is taken and how much air is inhaled or exhaled are tightly regulated by the respiratory centre in the brain. Humans, when they aren't exerting themselves, breathe approximately 15 times per minute on average. Canines, like the dog in **Figure 7.1**, have a respiratory rate of about 15–30 breaths per minute. With every inhalation, air fills the lungs, and with every exhalation, air rushes back out. That air is doing more than just inflating and deflating the lungs in the chest cavity. The air contains oxygen that crosses the lung tissue, enters the bloodstream, and travels to organs and tissues. Oxygen (O2) enters the cells where it is used for metabolic reactions that produce ATP, a high-energy compound. At the same time, these reactions release carbon dioxide (CO2) as a by- product. CO2 is toxic and must be eliminated. Carbon dioxide exits the cells, enters the bloodstream, travels back to the lungs, and is expired out of the body during exhalation.

CHAPTER 8 THE MAMMALIAN CIRCULATORY SYSTEM



Figure 8.1 Just as highway systems transport people and goods through a complex network, the circulatory system transports nutrients, gases, and wastes throughout the animal body. (credit: modification of work by Andrey Belenko)

Chapter Outline

8.1: Components of the Blood

8.2: Mammalian Heart and Blood Vessels

8.3: Blood Flow and Blood Pressure Regulation

CHAPTER 9 MAMMALIAN OSMOTIC REGULATION AND EXCRETION



Figure 9.1 Just as humans recycle what we can and dump the remains into landfills, our bodies use and recycle what they can and excrete the remaining waste products. Our bodies' complex systems have developed ways to treat waste and maintain a balanced internal environment. (credit: modification of work by Redwin Law)

Chapter Outline

9.1: Osmoregulation and Osmotic Balance

9.2: The Kidneys and Osmoregulatory Organs

9.3: Nitrogenous Wastes

9.4: Hormonal Control of Osmoregulatory Functions

Introduction

The daily intake recommendation for human water consumption is eight to ten glasses of water. In order to achieve a healthy balance, the human body should excrete the eight to ten glasses of water every day. This occurs via the processes of urination, defecation, sweating and, to a small extent, respiration. The organs and tissues of the human body are soaked in fluids that are maintained at constant temperature, pH, and solute concentration, all crucial elements of homeostasis. The solutes in body fluids are mainly mineral salts and sugars, and osmotic regulation is the process by which the mineral salts and water are kept in balance. Osmotic homeostasis is maintained despite the influence of external factors like temperature, diet, and weather conditions.

CHAPTER 10 SURVIVAL THROUGH ADAPTATIONS AND REGULATION



Figure 10.1: Tigers, polar bears and orang-utans get a lot of attention when threats to biodiversity. However, what about all the other organisms? Can you think of 10 non mammals that are under threat of extinction? http://www.theguardian.com/environment/blog/2010/oct/01/live-ahmed-djoghlaf-un-biodiversity

Chapter Outline

10.1: Adaptations

10.2: Adaptations in plants

10.3: Adaptations in animals

10.4: Biomimicry

10.5: Homeostasis (temperature, glucose and water balance)

Introduction

All organisms are on this planet because they are perfectly adapted to the environment that they inhabit. This is a complex interaction which leads to adaptations that enhance their survival. It is incorrect to say that an adaptation is something that changes because the organism already possesses it. Evolution 'prunes' and 'sculpts' populations over time through a process known as natural selection. Only those organisms strong enough to survive and reproduce can pass on their adaptations. The world's biodiversity is in a delicate balance between their environment and the impact humans are having on them. Figure 10.1 portrays some organisms that are threatened but without intervention they may become extinct, some even before they are discovered!

CHAPTER 11 ORGANISING BIODIVERSITY



Figure 11.1 The life of a bee is very different from the life of a flower, but the two organisms are related. Both are members the domain Eukarya and have cells containing many similar organelles, genes, and proteins. (credit: modification of work by John Beetham)

Chapter Outline

11.1: Organising Life on Earth

11.2: Prokaryotes

11.3: Eukaryotes

11.4: Eukaryotes that have Backbones

Introduction

This bee and *Echinacea flower* (**Figure 11.1**) could not look more different, yet they are related, as are all living organisms on Earth. By following pathways of similarities and changes—both visible and genetic—scientists seek to map the evolutionary past of how life developed from single-celled organisms to the tremendous collection of creatures that have germinated, crawled, floated, swam, flown, and walked on this planet.

CHAPTER 12 CONSERVATION BIOLOGY AND BIODIVERSITY



Figure 12.1 Lake Victoria in Africa, shown in this satellite image, was the site of one of the most extraordinary evolutionary findings on the planet, as well as a casualty of devastating biodiversity loss. (credit: modification of work by Rishabh Tatiraju, using NASA World Wind software)

Chapter Outline

12.1: The Biodiversity Crisis

12.2: The Importance of Biodiversity to Human Life

12.3: Threats to Biodiversity

12.4: Preserving Biodiversity

Introduction

In the 1980s, biologists working in Lake Victoria in Africa discovered one of the most extraordinary products of evolution on the planet. Located in the Great Rift Valley, Lake Victoria is a large lake about 68,900 km2 in area (larger than Lake Huron, the second largest of North America's Great Lakes). Biologists were studying species of a family of fish called cichlids. They found that as they sampled for fish in different locations of the lake, they never stopped finding new species, and they identified nearly 500 evolved types of cichlids. But while studying these variations, they quickly discovered that the invasive Nile Perch was destroying the lake's cichlid population, bringing hundreds of cichlid species to extinction with devastating rapidity.

CHAPTER 13 ECOLOGY THE RELATIONSHIPS BETWEEN ORGANISMS AND ECOSYSTEMS

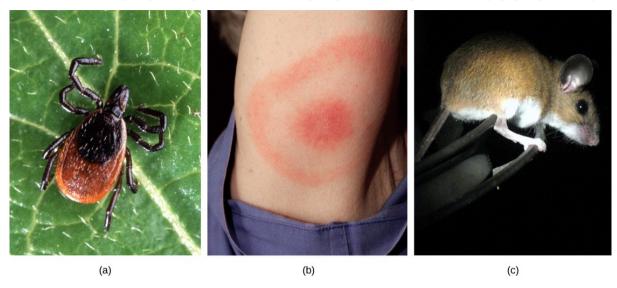


Figure 13.1 The (a) deer tick carries the bacterium that produces Lyme disease in humans, often evident in (b) a symptomatic bull's eye rash. The (c) white-footed mouse is one well-known host to deer ticks carrying the Lyme disease bacterium. (credit a: modification of work by Scott Bauer, USDA ARS; credit b: modification of work by James Gathany, CDC; credit c: modification of work by Rob Ireton)

Chapter Outline

13.1: The Scope of Ecology

13.2: Relationships between species

13.3: Food web ecology

13.4: Energy Flow Through Ecosystems

CHAPTER 14 POPULATION AND COMMUNITY ECOLOGY



Figure 14.1 A photograph of 10 koalas in eucalypt trees at Cape Otway. They have been culled in the area so that the balance in the community can be retained.

 $\underline{\text{http://www.theage.com.au/victoria/hundreds-of-starving-cape-otway-koalas-killed-in-secret-culls-20150304-13un49.html}$

Chapter Outline

14.1: Population Demography

14.2: Environmental Limits to Population Growth

14.3: Population Dynamics and Regulation

14.4: Human Population Growth

Introduction

Imagine hiking through the Otway Ranges in western Victoria and regularly stopping to take in the Australian views, which includes the iconic koala. However, recently (2013/2014) more than 686 starving koalas were killed in secret culls in the Cape Otway area. The marsupials were starving due to overpopulation in the Cape region, which is said to have the greatest density of koalas in Australia. The secret cull was conducted to address overpopulation issues. The koalas were captured and sedated before being put down. This seems an extraordinary action taken; however, the koala population forms part of the delicate balance that exists in nature.

2016 Kilbaha Electronic Textbook

Biology VCE Unit 1 (472 pages)

Tel: (03) 9018 5376

Kilbaha Multimedia Publishing (Est. 1978) (ABN 47 065 111 373)	Tel: (03) 9018 5376
PO Box 2227	Fax: (03) 9817 4334
Kew Vic 3101	Email: kilbaha@gmail.com
Australia	Web: http://kilbaha.com.au
SCHOOL ORDER NUMBER (required)	DATE
NAME	
SCHOOL	
ADDRESS	
TOWN	
POSTCODETEL	FAX
EMAIL	

Complete coverage (and lots more) of the 2016-2021 VCE Study Design for Unit 1 Biology. Chapters shown below.

1. The Study of Life	8. The Mammalian Circulatory System
2. Cell Structure	9. Mammalian Osmotic Regulation and Excretion
3. Structure and Function of Plasma Membranes	10. Survival through Adaptations and Regulation
4. Metabolism	11. Organising Biodiversity
5. Structure and Function of Vascular Plants	12. Conservation Biology and Biodiversity
6. The Mammalian Digestive System	13. Ecology – The Relationships between Organisms & Ecosystems
7. The Mammalian Respiratory System	14. Population and Community Ecology

Written by experienced VCE teachers.

Kilbaha Multimedia Publishing

- Web links to multimedia.
- Student exercises.
- This electronic textbook costs \$25 for a 2016 School Site Licence
- Yes! You can use it simultaneously during 2016 on every computer and device in the school PDF format
- Yes! You can put this textbook on your password protected school server during 2016
- Yes! You can print pages from this textbook for use during 2016
- You can use it in any way you wish within the school during 2016

Available now for immediate delivery

Please provide a 2016 School Site Licence for the use of this textbook by our school.

~	2016 School Site Licence for Kilbaha VCE Biology Unit 1 for the new Study Design (2016 – 2021)	\$25
---	---	------

Total Amount = \$25 (Price includes GST). Free delivery.

Fax to: 03 9817 4334 or Email to: kilbaha@gmail.com

2016 Kilbaha Electronic Textbook

Chemistry VCE Unit 1 (788 pages)

Tel: (03) 9018 5376

(Est. 1978) (ABN 47 065 111 373)

PO Box 2227		Fax: (03) 9817 4334	
Kew Vic 3101		Email: kilbaha@gmail.com	
Australia		Web: http://kilbaha.com.au	
SCHOOL ORDER NUMBER (required)	DATE	_
NAME			_
			_
ADDRESS			_
POSTCODE	TEL	FAX	_
EMAIL			
Complete coverage (and lots in the coverage)	more) of the 2016-2021 V	CE Study Design for Unit 1 Chemistry. Chapters shown b	elov

1. Essential Ideas	6. Chemical Bonding and Molecular Geometry
2. Atoms, Molecules and Ions	7. Liquids and Solids
3. Composition of Substances and Solutions	8. Representative Metals, Metalloids and Nonmetals
4. Stoichiometry of Chemical Reactions	9. Transition Metals and Coordination Chemistry
5. Electronic Structure and Periodic Properties of Elements	10. Organic Chemistry

- Written by experienced VCE teachers.
- Web links to multimedia.
- Student exercises and answers

Kilbaha Multimedia Publishing

- This electronic textbook costs \$25 for a 2016 School Site Licence
- Yes! You can use it simultaneously during 2016 on every computer and device in the school PDF format
- Yes! You can put this textbook on your password protected school server during 2016
- Yes! You can print pages from this textbook for use during 2016
- You can use it in any way you wish within the school during 2016

Available now for immediate delivery

Please provide a 2016 School Site Licence for the use of this textbook by our school.

~	2016 School Site Licence for Kilbaha VCE Chemistry Unit 1 for the new Study Design (2016 – 2021)	\$25
---	---	------

Total Amount = \$25 (Price includes GST). Free delivery.

Fax to: 03 9817 4334 or Email to: kilbaha@gmail.com

()KM

2016 Kilbaha Electronic Textbook

Physics VCE Unit 1 (454 pages)

Tel: (03) 9018 5376

8. The Big Bang and Particle Physics

9. Nuclear Structure

10. Energy from the atom

(Est. 1978) (ABN 47 065 111 373)

PO Box 2227 Kew Vic 3101 Australia	Fax: (03) 9817 4334 Email: kilbaha@gmail.com Web: http://kilbaha.com.au
SCHOOL ORDER NUMBER (required)	
NAME	
SCHOOL	
ADDRESS	
TOWN	
POSTCODETEL	FAX
EMAIL	
• Complete coverage (and lots more) of the 2016-2021 VC	CE Study Design for Unit 1 Physics. Chapters shown below.
1. Thermodynamics: how does heat behave?	6. Using Electricity
2. Thermodynamics and Climate Science	7. Electricity and Safety

• Written by experienced VCE teachers.

4. Concepts used to Model Electricity

3. Environmental Impacts of Human Activity

• Web links to multimedia.

5. Electricity in Circuits

• Student exercises and answers

Kilbaha Multimedia Publishing

- This electronic textbook costs \$25 for a 2016 School Site Licence
- Yes! You can use it simultaneously during 2016 on every computer and device in the school PDF format
- Yes! You can put this textbook on your password protected school server during 2016
- Yes! You can print pages from this textbook for use during 2016
- You can use it in any way you wish within the school during 2016

Available now for immediate delivery

Please provide a 2016 School Site Licence for the use of this textbook by our school.

~	2016 School Site Licence for Kilbaha VCE Physics Unit 1 for the new Study Design (2016 – 2021)	\$25
---	---	------

Total Amount = \$25 (Price includes GST). Free delivery.

Fax to: 03 9817 4334 or Email to: kilbaha@gmail.com



2016 Kilbaha VCE Biology Trial Examinations

Kilbaha Multimedia Publishing (Est. 1978) ABN 47065111373 Tel: (03) 9018 5376			
PO Box 2227	Fax: (03) 9817 4334		
Kew Vic 3101	Email: kilbaha@gmail.com		
Australia	Web: http://kilbaha.com.au		
SCHOOL ORDER NUMBER	_DATE		
NAME			
SCHOOL			
ADDRESS			
POSTCODETEL	FAX		
EMAIL			
All files are provided in WORD format for eas	sy editing and PDF format for easy printing.		
Please those required. (Note: A 2016 VCE Biology Units	s 3 and 4 Trial Exam will not be produced)		
2016 VCE Biology 1.5 hour Unit 1 Examination (supplied to schools in first week of Term 1 , 2)			
2016 VCE Biology 2.5 hour End of Year (Unit 1 + Unit 2) Examination with detailed answers. (New Study Design) (supplied to schools in first week of Term 3 , 2016)			
2015 VCE Biology Units 3 and 4 Trial Exam w	with detailed answers. (Current Study Design) \$80		
2014 VCE Biology Units 3 and 4 Trial Exam w			
2013 VCE Biology Units 3 and 4 Trial Exam w	, ,		
Detailed answers with Web Links to the 2013 V			
Please choose one of the following delivery methods. Cost of each delivery method is shown.			
CD-ROM by Ordinary Post = \$5.00	CD-ROM by Express Post = \$10.00		
Email = free (PDF files only and only when size permits)	Download from Web Link = free (PDF and WORD files) Recommended delivery method		
Total Amount = \$	(All prices include CST)		

Fax to 03 9817 4334